



Lexington House Ledger

New Years' Day

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In-Person Hours:
8:00 am – 4:00 pm
Monday - Friday

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For New Year's Day at the Clubhouse, we spent the first day of the year eating Subway, playing games, and working on art projects. There were plenty of sandwiches to go around and they were delicious. We had a lot of fun working on a paint by number. Colleagues are working on together during Socials.



- Savannah L. & Jesi W.



FEBRUARY ANNIVERSARIES	FEBRUARY BIRTHDAYS
Michael H. - 1, '24 John C. - 16, '24	Greg N. - 5th Jesi W. - 17th
Tati H. - 10, '21	David M. - 6th Tommy P. - 17th
Jane G. - 12, '24	Rhonda P. - 12th
Christy D - 14, '22	Marcia M. - 12th
Princeton H. - 15, '23	Valeria R. - 14th

Recipe Corner: Roast Turkey

Directions

1. Make sure that you thaw the turkey by placing it in the refrigerator on the day according to the turkey page. You want it to be completely thawed.
2. On the day you cook it, you want to let it sit out of the fridge for at least 30 minutes. I let it sit out an hour so that the turkey gets as close to room temperature as possible.
3. Preheat the oven to 475 degrees F.
4. Season the turkey with seasonings that you have preference for.
5. Melt at least a stick of butter and brush the turkey with the melted butter.
6. When the oven is preheated, place the turkey in a roasting pan with a cup of chicken broth poured into the pan.
7. Place the roasting pan with the turkey into the oven and lower the temperature of the oven to 350 degrees F.
8. Let it roast for an hour and remove it from oven.
9. Baste the turkey with the broth and liquid and check the temperature with a thermometer. Do not rely on the turkey pop up pin inside the turkey. This is because the turkey is done at least 165 degrees F and the pin doesn't pop out until about 180 degrees F.
10. If not at 165 degrees, place the roasting pan with the turkey back into the oven for another 30 minutes.
11. Remove from oven and repeat steps 9-10 until the turkey has an internal temperature of at least 165 degrees F.
12. Once it is at least 165 degrees, remove the roasting pan from the oven, and let turkey rest for at least 30 minutes before cutting. I use this time to make any side dishes while the turkey rests.

- Eric F.

Ingredients

- 1 whole turkey
- 1 stick of butter
- 1 cup of chicken broth
- Your favorite seasonings for the turkey



Standard 23



"The Clubhouse offers its own Supported and Independent Employment Programs to assist members to secure, sustain, and better their employment. As a defining characteristic of Clubhouse Supported Employment, the Clubhouse maintains a relationship with the working member and the employer. Members and staff in partnership determine the type, frequency and location of desired support."

This Standard explains how Clubhouses supports our employees through Supported & Independent Employment. We currently have 6 Colleagues in Independent Employment and are currently working towards having Members in Supported Employment as well.

-Jesi W. & Savannah L.

Colleague Spotlight: Susan

Have you been connected to other Clubhouses?

Yes, I have been with clubhouses for a very long time. I started off at Sunshine Clubhouse and now I come to Lexington House in Elkhart.

How has Lexington House Clubhouse impacted on your life?

It teaches me how to get along with others.

What would it be like without Lexington House Clubhouse?

I would be very bored. I would not know what to do with my life, at all, if they did not have Lexington House.

What are some interesting facts you'd like to share about yourself?

Never give up, always kind, a very big helper when needed

What are some hobbies or interests you have (Favorite music/artist(s), favorite movies, favorite TV shows, favorite foods)?

My favorite foods are Mexican and Italian.

Anything else you would like to say in closing about your future at Lexington House?

Coming for the rest of my life.



Comic Strip

CHRYSALIS CARTOON STRIP VOLUME #02 2.19.25



Lexi & her friends travel in her magical Chrysalis. On this particular journey, it looks like they're in for a crash landing! Landing where you ask? Check next months' Ledger to find out!

-Bernie J. & Savannah L.

February 2025

sun	mon	tue	wed	thu	fri	sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	1

