



# Lexington House Ledger

## Accreditation

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In-Person Hours:  
8:00 am – 4:00 pm  
Monday - Friday

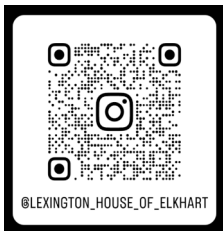
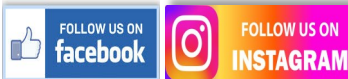
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Dear Ladies and Gentlemen:  
Once again, we had our Accreditation! We had Matt and Mary who did our Accreditation. It was a success! We might pass our Accreditation for the next three years (we are hoping). Matt and Mary were very nice people. During the Accreditation they gave some new and different advice on our Clubhouse. They treated people respectfully. They said we matured in our four years in this Clubhouse.



An Accreditation is when faculty from Clubhouse International come and see how a Clubhouse is doing with the 37 Standards. They stay for two days and observe, then they give a report on how a Clubhouse is doing with them, offering recommendations on Standards a Clubhouse is weaker in, with suggestions on how to improve them. Then the Accreditors send a report to Clubhouse International, and they will decide on the Accreditation.

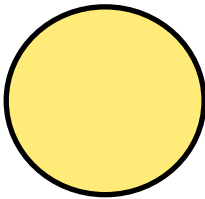
-John S. & Eric F.

NOVEMBER ANNIVERSARIES	NOVEMBER BIRTHDAYS:
Josue M. 13th	Whimsy W. 2nd      Tae F. 20th
Terral B. 15h	Sara M. 3rd          Zach F. 21st
Zach F. 18th	Linda C. 11th
Gretchen F. 30th	Hattie B. 14th
	Jesse T. 17th
	Latavia H. 17th

# Excel Center

I'm Charlotte Martin, a 41 year old Excel student. I enjoy going to school and learning new things. I am learning a lot at the Excel Center. Meeting new people from the same walks of life is fun. I want to go to school for Christian Theology when I finally finish with the Excel Center. I am also a servant of the Lord who I'm living to please everyday.

-Charlotte M.



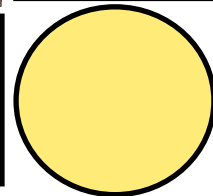
## Socials

-Kahoot and Karaoke night



- 5 Star Dive Bar

-Halloween  
-Walk Wednesday (x3)



# Bacon Cabbage Burger Stir-Fry

## Ingredients

- 1 pound bacon chopped
- 1 pound ground beef
- 3 cloves garlic minced
- 1 small onion chopped
- 1 small head of cabbage chopped into small strips



## Directions

1. In large skillet or wok, brown bacon and beef together until cooked.
2. Remove cooked meat and keep warm in a bowl.
3. Fry the onion and garlic in the hot grease from the meat (add additional oil if needed) until onion has become translucent.
4. Add chopped cabbage and stir fry until wilted. Add a cover to speed this up if desired.
5. Then, add in the meat to cooked cabbage and stir to combine. Season with salt and pepper to taste.

**This recipe goes great on rice or by itself!**

Serves 8-10 people



## Standard 20



*Members have the opportunity to participate in all the work of the Clubhouse, including administration, research, enrollment and orientation, reach out, hiring, training and evaluation of staff, public relations, advocacy and evaluation of Clubhouse effectiveness.*

At Lexington House members can do everything that is above. We have administration tasks such as QuickBooks, we have research into areas like Transitional employment and socials, members help new members get enrolled as members in the Clubhouse as well as the orientation process. Members do member to member reach out as well. Members give input on staff that get hired into Lexington House, as well as training them when hired. Annually members evaluate the staff on how they are doing. The one area we are lacking in this standard, and hope to work on, perhaps next year, is an evaluation of the Clubhouse itself. -Eric F.

# Colleague Spotlight: Dominic N.

**Have you been connected to other Clubhouses?**

Yes, from the state I am from which had something similar.

**How has Lexington House Clubhouse impacted on your life?**

It has had an impact on my life such as being able to feel like I can connect to others and understand mine more and also a place more peaceful.

**What would it be like without Lexington House Clubhouse?**

I would be substantially stressed out and wandering around looking for a peaceful place for my mental health.

**What are some interesting facts you'd like to share about yourself?**

I'm different.

**What are some hobbies or interests you have (favorite music/artist(s), favorite movies, favorite TV shows, favorite foods)?**

I enjoy working out at a gym, I like to play instruments, I love to play

baseball, and I love to rap.

**Anything else you would like to say in closing about your future at Lexington House?**

Thank you Lexington House.



## World Mental Health Day



On October 10th, we celebrated World Mental Health Day with a cookout. It was a nice day and we got a group photo by our sign.

-Nik H.