



Lexington House Ledger

Red Ribbon Cutting

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In-Person Hours:
8:00 am – 4:00 pm
Monday - Friday

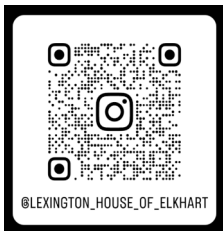
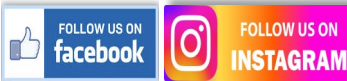
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Our Ribbon Cutting Ceremony was very exciting! We had about 50 people that came. Board Members, partners, colleagues, and others. To celebrate our new building we had an open house with party favors and cake to celebrate our 4th anniversary as well as our new building. It was a great time for all.

-Jackie R. & Tae F.



OCTOBER ANNIVERSARIES	OCTOBER BIRTHDAYS:
Ann R. – 11th	Kirk D. – 5th
Debi P. – 13th	Robert N. – 5th
Jesse T. – 20th	John S. – 11th
Theron H. – 20th	Josue M. – 18th
Nik H. – 27th	Eric F. – 25th

TE Position

So, it's been 3 months since I've been here at Lexington House, and it's helped me a lot with much support. Club has helped me get a job which I really enjoy. I participated in Employment meetings and have made friends. Club gave me a lot of resources to reach out for providing me better benefits. I am a server at Navarre and get to work in different events around Elkhart and South Bend, including Notre Dame Stadium. I am looking forward to being a Club member for a long time, as well as making new friends at Club and work.

-Jasline S.



Socials

Ribbon Cutting/LH 4th Birthday

Walk Wednesdays (x4)

Speak Our Truth Rally

Recipe Corner: Sloppy Joe Recipe

Ingredients

- 2.5 pound lean ground beef
- 1c. chopped onion
- 1c. chopped red bell pepper
- 2.5 tsp. minced garlic
- 1.5 c. ketchup
- 2.5 TBSP. light brown sugar, more to taste
- 2.5 tsp. yellow mustard
- 1.25 tsp. Worcestershire sauce, more to taste
- Water
- Salt and Pepper
- 10-15 hamburger buns, toast if desired



Instructions

1. In a large skillet over medium heat brown the ground beef with onion and red pepper. Sprinkle salt and pepper over the top. Drain any grease from the meat mixture. Add garlic the last minute of cooking.
2. Add in ketchup, brown sugar, mustard and Worcestershire sauce. Season with salt and black pepper to taste. Cover and simmer on low for 10-20 minutes, stirring occasionally. Add more ketchup or water if you need more liquid.
3. Serve warm on fresh hamburger buns.

Notes:

Hamburger buns: Can use brioche buns or homemade hamburger buns.

To toast your hamburger buns, heat 1-2 tablespoons of butter on a griddle over medium heat. Then place the hamburger buns on and cook 1-3 minutes, or until the bottoms are lightly toasted. This will add great flavor and prevent the buns from getting soggy.

Tomato sauce: If you prefer to use tomato sauce, you can swap it for the ketchup to make it less sweet. Add in extra seasonings to taste.

Storage: Store leftovers in a covered airtight container for up to 3 days. Freeze in a zip top bag up to 3 months.

Serves 15



Standard 19



All work in the Clubhouse is designed to help members regain self worth, purpose and confidence; it is not intended to be job specific training.

When some members come to Clubhouse, it is possible that they have not worked in a while. The tasks at Clubhouse are designed to help members begin to develop a sense of worth. From answering the phone, to doing reach out, to giving tours, if a member does a task, they can begin to have a sense of worth that may have been lost from the time they may not have been able to work. Lexington House has a variety of tasks that can aid with this.

-Eric F.

Colleague Spotlight: Melvin C.

Have you been connected to other Clubhouses?

Lapeer Michigan Clubhouse, Golden Arrow. We went bowling, roller skating, had cook outs at the center, and we played a lot of games such as card games.

How has Lexington House Clubhouse impacted on your life?

Helped me a lot and I have learned a lot. It is a good experience to have. It's a tremendous experience and it is a joy to be here.

What would it be like without Lexington House Clubhouse?

It would be dull and insufficient.

What are some interesting facts you'd like to share about yourself?

I'm a good listener, I care about people a lot, I'm a Christian and a loving person, I like doing what's right.

What are some hobbies or interests you have (favorite music/artist(s), favorite movies, favorite TV shows, favorite foods)

My favorite singer is Bruce Springsteen, Willie Nelson. My favorite movies are Jaws and Passion of the Christ. I like to watch the news with David Muir and

Hee-Haw. My favorite foods are tacos, pizza and chili.

Anything else you would like to say in closing about your future at Lexington House?

I just want to be a good part of this group.

